

## Medium of Instruction – English

### PROGRAM STRUCTURE FOR PROPOSED M.A. IN BUDDHISM AND TIBETAN STUDIES

The University follows the credit system for its Master's Degree Program. Each credit amounts 30 hours of study comprising all learning activities. Thus, a four credit course involves 120 study hours, a six credit course involves 180 study hours and an eight credit course involves 240 study hours. **To successfully complete this program, a student will have to earn 64 credits over a period of 2 to 5 years depending on the conveniences of the student. However,** the students will not be allowed to earn more than 32 credits in a year.

**The Master's Program in Buddhism and Tibetan studies has the following major components:**

- 1) Compulsory courses
- 2) Elective courses

### SCHEME OF STUDY

In order to enable the student to complete Master's Program within the minimum period of two years, a student is allowed to take 32 credits worth of courses in each year. There are compulsory courses in first and second year. There should be an elective (4 credit) chosen from a total of 12 credits for each year. The first appearance for the exams would be eleven months after taking the admission.

#### Year-wise Scheme of Study

Year of Study	Compulsory Courses	Elective Courses	Total Credits
First year	40 credits	8 credits	48 credits
Second year	40 credits	8 credits	48 credits
<b>Total</b>	<b>80 credits</b>	<b>16 credits</b>	<b>96 credits</b>

**Sikkim University**  
**Department of Buddhist and Tibetan Studies**  
**Syllabus for MA – MBTS (2 Years - 4 Semesters) 2018-19 Onwards**

<b>Paper No.</b>	<b>Courses</b>	<b>Core/Open</b>	<b>Credits</b>	<b>Marks</b>
<b>M. A. : Year 1 (2 Semesters)</b>				
MBTS – C101 MBTS – C201	Madhyamika Philosophy Part – I	<b>Core</b>	<b>8</b>	<b>200</b>
MBTS – C102 MBTS – C202	Abhidharma Part – I	<b>Core</b>	<b>8</b>	<b>200</b>
MBTS – C103 MBTS – C203	Buddhist Pramana	<b>Core</b>	<b>8</b>	<b>200</b>
MBTS – C104 MBTS – C204	History of Buddhism	<b>Core</b>	<b>8</b>	<b>200</b>
MBTS – C105 MBTS – C205	Tibetan Language Part - I	<b>Core</b>	<b>8</b>	<b>200</b>
MBTS – E101 MBTS – E201	Buddhist History and Culture of Himalayas with special reference to Sikkim – Part I	<b>Open</b>	<b>8</b>	<b>200</b>
MBTS – E102 MBTS – E202	Buddhist Art and Architecture - Part I	<b>Open</b>	<b>8</b>	<b>200</b>
MBTS – E103 MBTS – E203	Buddhism and Contemporary Issues - Part I	<b>Open</b>	<b>8</b>	<b>200</b>

<b>Paper No.</b>	<b>Courses</b>	<b>Core/Elective</b>	<b>Credits</b>	<b>Marks</b>
<b>M. A. : Year 2 (2 Semesters)</b>				
MBTS – C301 MBTS – C401	Prajnaparamita	<b>Core</b>	<b>8</b>	<b>200</b>
MBTS – C302 MBTS – C402	Madhyamika Philosophy Part -2	<b>Core</b>	<b>8</b>	<b>200</b>
MBTS – C303 MBTS – C403	Abhidharma Part - 2	<b>Core</b>	<b>8</b>	<b>200</b>
MBTS – C304 MBTS – C404	History of Buddhism	<b>Core</b>	<b>8</b>	<b>200</b>
MBTS – C305 MBTS – C405	Tibetan Language Part – 2	<b>Core</b>	<b>8</b>	<b>200</b>
MBTS – E301 MBTS – E401	Buddhist History and Culture of Himalayas with special reference to Sikkim – Part 2	<b>Open</b>	<b>8</b>	<b>200</b>
MBTS – E302 MBTS – C402	Buddhist Art and Architecture - Part 2	<b>Open</b>	<b>8</b>	<b>200</b>
MBTS – E303 MBTS – E403	Buddhism and Contemporary Issues - Part 2	<b>Open</b>	<b>8</b>	<b>200</b>

**Sikkim University**  
**Department of Buddhist and Tibetan Studies**  
**Syllabus for MA – MBTS (1<sup>st</sup> Year - 2 Semesters) 2018-19 Onwards**

<b>Paper No.</b>	<b>Courses</b>	<b>Core/Open</b>	<b>Credits</b>	<b>Marks</b>
<b>M. A. - MBTS: Year 1 Semester 1</b>				
MBTS –C101	Madhyamakavatara by Chandrakirti	<b>Core</b>	<b>4</b>	<b>100</b>
MBTS – C102	Abhidharmakosa by Vasubandhu	<b>Core</b>	<b>4</b>	<b>100</b>
MBTS –C103	Buddhist Pramana	<b>Core</b>	<b>4</b>	<b>100</b>
MBTS – C104	Life and Time of Shakyamuni Buddha (624-543 BC)	<b>Core</b>	<b>4</b>	<b>100</b>
MBTS – C105	Tibetan Language Part I (Grammar, Orthography and Reading)	<b>Core</b>	<b>4</b>	<b>100</b>
<b>Choose One of the Following Electives</b>				
MBTS – E101	History of Buddhism and Culture of Sikkim	<b>Open</b>	<b>4</b>	<b>100</b>
MBTS – E102	History of Buddhist Art	<b>Open</b>	<b>4</b>	<b>100</b>
MBTS – E103	Buddhism and Contemporary Issues - Part I (Socially Engaged Buddhism - I)	<b>Open</b>	<b>4</b>	<b>100</b>
<b>M. A. - MBTS: Year 1 Semester 2</b>				
MBTS –C201	Madhyamakavatara by Chandrakirti	<b>Core</b>	<b>4</b>	<b>100</b>
MBTS –C202	Abhidharmakosa by Vasubandhu	<b>Core</b>	<b>4</b>	<b>100</b>
MBTS –C203	Pramanavartikby Dharmakirti	<b>Core</b>	<b>4</b>	<b>100</b>
MBTS –C204	History of Buddhism in India (5 <sup>th</sup> Century BC to 13 <sup>th</sup> Century CE)	<b>Core</b>	<b>4</b>	<b>100</b>
MBTS –C205	Tibetan Language Part I (Grammar, Orthography and Reading)	<b>Core</b>	<b>4</b>	<b>100</b>
<b>Choose One of the Following Electives</b>				
MBTS – E201	History of Buddhism and Culture of Ladakh and Bhutan	<b>Open</b>	<b>4</b>	<b>100</b>
MBTS –E202	Tibetan art and Iconography	<b>Open</b>	<b>4</b>	<b>100</b>
MBTS –E203	Buddhism and Contemporary Issues - Part I (Socially Engaged Buddhism - II)	<b>Open</b>	<b>4</b>	<b>100</b>

**Sikkim University**  
**Department of Buddhist and Tibetan Studies**  
**Syllabus for MA – MBTS (2<sup>nd</sup> Year - 2 Semesters) 2018-19 Onwards**

<b>Paper No.</b>	<b>Courses</b>	<b>Core/Open</b>	<b>Credits</b>	<b>Marks</b>
<b>M. A. - MBTS: Year 2 Semester 1</b>				
MBTS –C301	Bodhicharyavatara and Prajnaparamita Hridaya Sutra	<b>Core</b>	<b>4</b>	<b>100</b>
MBTS – C302	Vajrarachedika	<b>Core</b>	<b>4</b>	<b>100</b>
MBTS – C303	Abhidharmakosa by Vasubandhi	<b>Core</b>	<b>4</b>	<b>100</b>
MBTS – C304	History of Buddhism in Sri Lanka, Myanmar, Thailand, Japan, Korea and China	<b>Core</b>	<b>4</b>	<b>100</b>
MBTS – C305	Tibetan Language Part II – Grammar, Orthography and Reading	<b>Core</b>	<b>4</b>	<b>100</b>
<b>Choose One of the Following Electives</b>				
MBTS – E301	History of Buddhism and Culture of LahulSpiti, Kinnuar and Arunachal Pradesh	<b>Open</b>	<b>4</b>	<b>100</b>
MBTS – E302	A brief Survey of Southeast Asian Arts	<b>Open</b>	<b>4</b>	<b>100</b>
MBTS – E303	Buddhism and Contemporary Issues - Part II – Contemporary Issues - I	<b>Open</b>	<b>4</b>	<b>100</b>
<b>M. A. - MBTS: Year 2 Semester 2</b>				
MBTS – C401	Sutralankara and Uttaratanttra	<b>Core</b>	<b>4</b>	<b>100</b>
MBTS –C402	Mulamadhyamikakarika by Nagarjuna	<b>Core</b>	<b>4</b>	<b>100</b>
MBTS –C403	Abhidharmakosa	<b>Core</b>	<b>4</b>	<b>100</b>
MBTS –C404	History of Buddhism in Tibet	<b>Core</b>	<b>4</b>	<b>100</b>
MBTS –C405	Tibetan Language Part II – Grammar, Orthography and Reading	<b>Core</b>	<b>4</b>	<b>100</b>
<b>Choose One of the Following Electives</b>				
MBTS – E401	History of Buddhism in Tibet	<b>Open</b>	<b>4</b>	<b>100</b>
MBTS – E402	An introduction to the Central Asian art: wall paintings and stucco images	<b>Open</b>	<b>4</b>	<b>100</b>
MBTS – E403	Buddhism and Contemporary Issues - Part II – Contemporary Issues - II	<b>Open</b>	<b>4</b>	<b>100</b>

## MBTS 1<sup>st</sup> Year – 1<sup>st</sup> Semester

### Paper 1. MBTS-C101: Madhyamakavatara of Chandrakirti

(4 Credits)

#### Madhyamakavatara – Part 1

Unit 1: Generosity

Unit 2: Morality

Unit 3: Patience, Perseverance and Meditative Concentration

Unit 4: Wisdom (Verses 1-22)

Unit 5: Refuting Production from others, Chapter 6, Stanza 23-44

Unit 6: Production from others, specifically Cittamatra's view, Chapter 6, Stanza 45-71

#### Text Book:

Madhyamakavatara by Chandrakirti's English Translation:

1. Huntington, C. W. (1989). The Emptiness of Emptiness. University of Hawaii Press

#### Suggested Readings:

1. Geshe Rabten (translator, commentator) Stephen Batchelor (translator, editor) (1983). Echoes of Voidness, London : Wisdom Publications
2. Padmakara Translation Group (2002). Introduction to the Middle Way (Chandrakirti's Madhyamakāvātāra with Mipham Rinpoche's Commentary). Shambhala Publications
3. Introduction to the Middle Way: Chandrakirti's Madhyamakavatara with commentary by Dzongsar Jamyang Khyentse Rinpoche, edited by Alex Trisoglio, Khyentse Foundation, 2003

### Paper 2. MBTS-C102: Abhidharmakosa by Vasubandhu Part - 1

(4 credits)

#### Chapter 1 - Abhidharmakosa by Vasubandhu

Unit 1: 1-6 Verses – Introduction to Abhidharma

Unit 2: 7-17 Verses – Elements Part – I

Unit 3: 18-33 Verses – Elements Part – II

Unit 4: 34-48 Verses – Elements Part – III

#### Chapter 2 - Mind and Mental Factors

Unit 1: Mind and Mental Factors Part – I (Verses 23 - 72)

#### Chapter 3 - Dependent Origination

Unit 3: Dependent Origination (Verses 18 - 44)

#### Text Book:

Abhidharmakosa-bhasya by Vasubandhu's English Translation:

1. Pruden, Leo M. (1991), Abhidharmakosabhasyam, translated from the French translation by Louis de la Vallée Poussin, Asian Humanities Press, Berkeley 1990 (4 Vols)

**Suggested Readings:**

1. Vasubandhu; LodröSangpo (2012). *Abhidharmakosa-Bhasya of Vasubandhu: The Treasury of the Abhidharma and Its Commentary* (4 vols). MotilalBanarsidassPublishers. (Translated into English from the French translation of Louis de La ValléPoussin, *L'Abhidharmakośa de Vasubandhu*, Institutbelge des hates études chinoises, Bruxelles, 1971)
2. Yasomitra (6th c. CE), sub-commentary on the *Abhidharmakoshabhasya*, the *Sputarth-abhidharmakosa-vyakhya*. (Tibetan)
3. The First Dalai Lama, GyalwaGendunDrup's (1391-1474) commentary titled *Illumination of the Path to Freedom*. (Tibetan)
4. MikyöDorje, 8th Karmapa's (1507-1554) commentary on *Abhidharmakosa*. (Tibetan)
5. *Chosmngon pa mdzodkyi 'grel pa mngonpa'irgyan* (Tibetan)

**Paper 3. MBTS – C103: Buddhist Pramana****(4 credits)**

- Unit 1: Examination of Object  
Unit 2: Examination of Mind, Universals and Particulars  
Unit 3: Examination of establishment and exclusion of others  
Unit 4: Examination of Language and Content  
Unit 5: Examination of Relation  
Unit 6: Examination of Contradiction  
Unit 7: Probandum : Pointing the Way to Reasoning  
Unit 8: False Reasoning  
Unit 9: Correct Reasoning

**Text Book:**

1. Dunne, John D., 2004, *Foundations of Dharmakīrti's Philosophy* (Studies in Indian and Tibetan Buddhism), Cambridge MA: Wisdom Publications.

**Suggested Reading:**

2. *Debate in Tibetan Buddhism* by Daniel E. Perdue, Shambala Publications, 1992
3. Khedrup Je - *Ocean of Reasoning* (Commentary on 1-93 Verses) Tibetan
4. Gyaltsab Je - *Elucidation of the Path to Liberation* (Commentary on 1-93 Verses)
5. JuMipham Rinpoche's commentary (Commentary on 1-93 Verses) Tibetan
6. 7th Karmapa ChodrakGyatso's commentary (Commentary on 1-93 Verses) Tibetan
7. *rigs lam sgobrgya 'byedpai 'phrulgyildemig dang pobzhugs so//* DrepungLoseling Library Society, 1999 (Tibetan)

**Paper 4. MBTS – C104: Life and Time of Shakyamuni Buddha (624-543 BC)****(4 Credits)**

- Unit I: Survey of the source material: indigenous (archaeological and literary) and foreign.  
Unit II: India on the Eve of the Origin of Buddhism.  
Unit III: Background to the origin of Buddhism: Role of iron.  
Unit IV: Date of the Buddha.  
Unit V: Biography of the Buddha: MahāAbhiniṣkramaṇa, Various legends pertaining to conception and childhood.  
Unit VI: Biography of the Buddha: Mahā-Abhiniṣkramaṇa till the Mahāparinirvāṇa.  
Unit VII: Origin and growth of the Saṃgha.

**Suggested Reading:**

1. Abhiniskramana sutra (English translation available)
2. Nidanakatha (English translation available) These two sutra are on the life of Buddha
3. Strong, John, S., *The Buddha: A Short Biography*, Oxford: One world, 2001.
4. Nakamura, H., *Indian Buddhism: A Survey with Bibliographical Notes*, reprint, Delhi: MotilalBanarsidass, 1989.
5. Sarao, K.T.S. and A.K. Singh (eds.), *A Text Book of the History of Theravāda Buddhism*, 2nd rev. ed., Department of Buddhist Studies, Delhi University: 2006.
6. Sarao, K.T.S., *Origin and Nature of Ancient Indian Buddhism*, 4th revised edition, New Delhi MunshiramManoharlal, 2009. *PrācīnaBhāratīyaBauddha Dharma kīUtpatti, SvarūpaaurPatana* (in Hindi), Delhi University: Directorate of Hindi Medium Implementation, 2004.
7. Sarao, K.T.S., and Long, J.D. (eds.), *Encyclopedia of Indian Religions: Buddhism and Jainism*, 2 vols., New York: Springer, 2017.
8. Lamotte, É., *History of Indian Buddhism*, Louvain: Peters Pub, 1988.
9. Warder, A.K., *Indian Buddhism*, 4<sup>th</sup> edition, Delhi: Motilal Banarsidass, 2017.
10. Bapat, P.V. *2500 Years of Buddhism*, New Delhi: Government of India. *Baudha Dharma ke 2500 Varṣa* (in Hindi), New Delhi: Government of India.
11. Schopen, Gregory. *Bones, Stones, and Buddhist Monks: Collected Papers on the Archaeology, Epigraphy, and Texts of Monastic Buddhism in India*, Honolulu: Hawai'i University Press, 1997.

**Paper 5. MBTS – C105: Tibetan Language Part- 1**

**(4 Credits)**

**Unit 1 Grammar 30**

**Credits 1.2**

སྒྲུབ་པའི་ལོ་རྒྱུས་ལྟོགས་པ་ ༣༠

བརྗོད་པ། སྐྱུ་རྒྱ་ཡི་གཏེ་རྣམ་གཞག་དང་རྣམ་དབྱེ་དང་པོ་སྐྱུ་རྒྱ་དང་བཅས་བཤོ།

སྒྲུབ་པའི་གཏེ་ལུགས་བཤོ་རྣམ་དབྱེ་དང་དཀའ་གནད་གསལ་བའི་མེ་ལོང་།

རྣམ་པ་སོ། དབྱེ་བའི་ལོ་རྒྱུས་ལྟོགས་པ་འདི་རྣམས་ལྟོ།

**Unit 2 Grammar (Verbal rules) 30**

**Credits 1.2**

སྒྲུབ་པའི་གཏེ་ལུགས་བཤོ་རྣམ་གཞག་ ༣༠

བརྗོད་པ། སྐྱུ་རྒྱ་ཡི་གཏེ་ལུགས་བཤོ་རྣམ་གཞག་དང་བཅས་བཤོ།

སྒྲུབ་པའི་གཏེ་ལུགས་བཤོ་རྣམ་གཞག་དང་བཅས་བཤོ།

རྣམ་པ་སོ། དབྱེ་བའི་ལོ་རྒྱུས་ལྟོགས་པ་འདི་རྣམས་ལྟོ།

**Unit 3 Orthography 20**

**Credits .8**

ཕྱི་ཚན་གསུམ་བཤམ་ཡིག་ ༡༠

བརྗོད་བྲལ། མིང་ཚིག་གི་དག་སྐྱོབ་དང་གོ་དོན་སོགས།

ལྷོག་དེབ། ལྷོ་བ་རྒྱུང་དག་ཡིག་ཀ་སྐྱེའི་བྱེད་ཀ

ཚིག་བ་པོ། བོད་ལྗོངས་ལྷོ་བ་གཞི་ཚིག་སྐྱུར་ཁང།

**Unit 4 Reading 20**

**Credits .8**

ཕྱི་ཚན་བཞི་བཤམ་ལྷོག་ཅུལ་དང་གོ་སྟོབས། ༡༠

བརྗོད་བྲལ། ལྷག་མོའི་སྐྱེས་རབས། ལྷག་སྐྱེས་རྒྱལ་པོར་བསྐྱོས་བའི་སྐྱུང།

ཐིག་པར་གྲོན་བའི་བོད་བྲལ།

ལྷོག་དེབ། མདོ་དང་། ས་སྐྱུ་ལེགས་བཤམ་འབྲེལ་བ་སོགས།

ཚིག་བ་པོ། ལྷོ་བ་སངས་རྒྱལ་དང་། དམངས་ཁྲོད།

**Paper 6. To choose one of the following elective courses**

**(4 Credits)**

**MBTS – E101: History of Buddhism and Culture of Sikkim**

Unit 1: History of Buddhism in Sikkim

2 Credits

- a. Diffusion of Buddhism in the region
- b. Monasteries- their history and religious practices and Study curriculums
- c. Life and works of eminent spiritual Teachers or Lamas

Unit 2: Religious Festivals and Social customary ceremonies- Birth, Marriage, Last rites and New Year ceremonies.

1 Credit

Unit 3: Dialect, food and drink habits, dress and ornaments, Songs and Musical instruments, Agricultural Economy, Handicrafts and Other industries.

1 Credit

**Suggested Readings:**

1. The expansion and Institutionalisation of Nang Sok Gong sum tradition in Sikkim and the Fifth Dalai Lama's contribution to the Nyingma order by KhenpoLhaTsering, 2006 (in Tibetan)
2. In the shadow of the Himalayas Tibet – Bhutan, Nepal, Sikkim. By John Claude White- 1883-1908



## MBTS – E102: History of Buddhist Art

1. The origin and evolution of Buddhist art in India
2. The early Buddhist art in India ( Maurya, Sunga)
3. Kushana- Mathura and Gandhara school
4. Gupta – vakataka arts ( North central India, North India, Eastern India, Western India, with a special focus on Ajanta, Pitalkhora ,Bhaja and Karle)
5. Pala and Rastrakuta
6. Kashmir School of art ( 700-1200A.D)

### Suggested Readings:

1. Brown, P.: Indian architecture: Buddhist and Hindu, Vol. I, 2<sup>nd</sup> ed., Kolkata: 2010
2. Bhattacharya, B.: Indian Buddhist Iconography, reprint, Delhi, 2015
3. Banerjee, J.N.: Development of Hindu Iconography, 3<sup>rd</sup> rev ed., Delhi, 1956
4. Huntington, Susan, L.: The Art of Ancient India, 2<sup>nd</sup> ed., New York, 2016
5. Rowland, B.: The art and architecture of India, London, 1959
6. Gupta, S.P, and Asthana, S.P: Elements of Indian Art, 2<sup>nd</sup> ed., 2006
7. Michell, George: The penguin Guide to the Monuments of India, Vol. I, London, 1989
8. Mitra, D.: Buddhist Monuments, Calcutta, 1971
9. Singh, A.K.: Trans Himalayan Wall Painting, New Delhi, 1985
10. Singh, A. K.: An Aesthetic Voyage of Indo Tibetan painting: Alchi and Tabo, Varanasi, 2007

## MBTS – E103: Socially Engaged Buddhism - I

Unit I: Definition and Relevance

Unit II: B.R. Ambedkar and Dalai Lama as Socially Engaged Buddhists

Unit III: A.T. Aryaratana and his Sarvodayā Śramadāna

Unit IV: Sulak Sivaraksa

Unit V: Thich Nhat Hahn

### Suggested Readings:

1. Jones, K. *The Social Face of Buddhism: an Approach to Political and Social Activism*, London: Wisdom Publications, 1989.
2. Macy, J. *Dharma and Development: Religion as Resource in the Sarvodaya Self-help Movement*, West Hartford, Connecticut: Kumarian Press, 1983.
3. L.P.N. Perera, *Buddhism and Human Rights*, Colombo, 1991.
4. Singer, P. *Animal Liberation*, Harper Perennial, 2001.
5. Batchler, M. & K. Brown (eds). *Buddhism and Ecology*, London: Cassell, 1992.
6. Sarao, K.T.S. *Kailash Pilgrimage: The Indian Route*, Delhi: Aryan International Publishers, 2009; *Kailāśa Tīrthayātra*, New Delhi: Vidyanidhi, 2010.
7. Kotler, Arnold. *Engaged Buddhist Reader*, Berkeley: Parallax Press, 1996.
8. Omvedt, Gail., *Dalits and the Democratic Revolution: Dr. Ambedkar and the Dalit Movement in Colonial India*, New Delhi: Sage Publications, 1994.
9. Jondhale, S & Johannes Beltz (eds), *Reconstructing the World: B. R. Ambedkar and Buddhism in India*, Oxford: Oxford University Press, 2004.
10. Kabat-Zinn, Jon. *Full Catastrophe Living: Using the Wisdom of Your Body and Mind to Face Stress, Pain, and Illness; The Program of the Stress Reduction Clinic at the University of Massachusetts Medical Center*, New York: Delta, 1990.

11. Zadek, S., "The Practice of Buddhist Economics? Another view." *The American Journal of Economics and Sociology*, 52 (4), 1994: 433-445.
12. Schumacher, F.E. *Small is Beautiful: Economics As if People Mattered*, Blond & Briggs, 1973.
13. Sarao, K.T.S., and Long, J.D. (eds.), *Encyclopedia of Indian Religions: Buddhism and Jainism*, 2 vols., New York: Springer, 2017.
14. Inada, Kenneth. "A Buddhist Response to the Nature of Human Rights," Claude E. Welch, Jr., and Virginia A. Leary (eds), *Asian Perspectives on Human Rights*, Boulder, Co.: Westview Press, 1990: 91-103.
15. Keown, D., *The Nature of Buddhist Ethics*, New York: 1992.
16. Schmithuasen, L., *Buddhism and Nature: Lecture Delivered on the Occasion of the EXPO 1990: An Enlarged Version with Notes*, Tokyo: The International Institute for Buddhist Studies, 1991.

## MBTS 1<sup>st</sup> Year – 2<sup>nd</sup> Semester

**Paper 1. MBTS – C201: Madhyamavatara by Chandrakirti (4 Credits)**

### Selflessness of Person

Unit 1: Refuting Production from others specifically Chittamatras view, Chapter 6, Stanza 72-119

Unit 2: Refuting Self as distinct from the aggregates: Chapter 6, Stanza 120-149

Unit 3: Positing the self to be merely designated: Chapter 6, Stanza 150-164

Unit 4: Refuting the Selfhood of “Mine” : Chapter 6, Stanza 165-226

### Text Book:

Madhyamakavatara- Auto-commentary by Chandrakirti’s English Translation:

1. Huntington, C. W. (1989). *The Emptiness of Emptiness*. University of Hawaii Press

### Suggested Readings:

1. Geshe Rabten (translator, commentator) Stephen Batchelor (translator, editor) (1983). *Echoes of Voidness*, London : Wisdom Publications
2. [Padmakara Translation Group](#) (2002). *Introduction to the Middle Way* (Chandrakirti's Madhyamakāvātāra with Mipham Rinpoche's Commentary). Shambhala
3. Introduction to the Middle Way: Chandrakirti's Madhyamakavatara with commentary by Dzongsar Jamyang Khyentse Rinpoche, edited by Alex Trisoglio, Khyentse Foundation, 2003

**Paper 2. MBTS – C202: Abhidharmakosa by Vasubandhu (4 Credits)**

Chapter 4 - Theory of Karma

Unit 1 : Theory of Karma (1-46 Verses)

Chapter 5 – Afflictions

Unit 1 : Afflictions (1-22 Verses)

Chapter 6 – Pudgal and Path

Unit 1 : Pudgal and Path (1-45 Verses)

### Text Book:

Abhidharmakosa Auto-commentary by Vasubandhu’s English Translation:

1. Pruden, Leo M. (1991), *Abhidharmakosa bhasya*, translated from the French translation by Louis de la Vallée Poussin, Asian Humanities Press, Berkeley.

### Suggested Readings:

1. Vasubandhu; Lodrö Sangpo (2012). *Abhidharmakosa-Bhasya of Vasubandhu: The Treasury of the Abhidharma and Its Commentary* (4 vols). Motilal Banarsidass Publishers. (Translated into English from the French translation of Louis de La Vallée Poussin, *L'Abhidharmakośa de Vasubandhu*, Institut belge des hautes études chinoises, Bruxelles, 1971)
2. Yasomitra (6th c. CE), sub-commentary on the *Abhidharmakosa bhasya*, the *Sputartha-abhidharmakosa-vyakhya*. (Tibetan)
3. The First Dalai Lama, Gyalwa Gendun Drup’s (1391-1474) commentary titled *Illumination of the Path to Freedom*. (Tibetan)

4. Mikyö Dorje, 8th Karmapa's (1507-1554) commentary on Abhidharmakosa. (Tibetan)
5. *Chosmngon pa mdzodkyi 'grel pa mngon pa'i rgyan* (Tibetan)

**Paper 3. MBTS – C203: Pramanavartik by Dharmakirti**

**(4 Credits)**

Unit 1 : Chapter 2 – Pramanasiddhi

**Text Book:**

Pramanasiddhi chapter-- from Pramanavartik by Dharmakirti's English Translation:

1. Geshe Dorje Damdul's translation from Tibet House, New Delhi
2. Jackson, Roger R. ; Is Enlightenment Possible?: Dharmakirti and Rgyal Tshab Rje on Knowledge, Rebirth, No-Self and Liberation, 1993

**Suggested Reading:**

1. Dunne, John D., 2004, Foundations of Dharmakirti's Philosophy (Studies in Indian and Tibetan Buddhism), Cambridge MA: Wisdom Publications
2. [Khedrup Je](#) - Ocean of Reasoning (Commentary on Pramanasiddhi chapter) Tibetan
3. [Gyaltsab Je](#) - Elucidation of the Path to Liberation (Commentary on Pramanasiddhi chapter) Tibetan
4. [Ju Mipham](#) Rinpoche's commentary (Commentary on Pramanasiddhi chapter) Tibetan
5. 7<sup>th</sup> Karmapa Chodrak Gyatso's commentary (Commentary on Pramanasiddhi chapter) Tibetan

**Paper 4. MBTS–C204: History of Buddhism in India - 5<sup>th</sup> century BC to 13<sup>th</sup> century CE (4 Credits)**

(Critical study of Taranath's "*History of Buddhism in India*" in the light of other Buddhist and Indian historical sources.)

Unit 1: Buddhism during the reign of Ajatashatru and descendants.

Unit 2: Buddhism during the reign of Ashoka and descendants

Unit 3: Buddhism during the reign of 19 Chandra Kings

Unit 4: Buddhism during the reign of 10 Chandra Kings

Unit 5: Buddhism during the reign of Pala dynasty

Unit 6: Buddhism during the reign of Kaniska or Kushan dynasty

Unit 7: Buddhism during the reign of 4 Sena kings.

**Recommended Readings:**

1. Taranatha's History of Buddhism in India translated by Lama Chimpa and Alaka Chattopadhyaya, Calcutta, 19880
2. The Dipavamsa: An Ancient Buddhist Historical Record translated by Hermann Oldenberg
3. Mahavamsa

Unit 1 Grammar 30 Credits 1.2

སྡེ་ཚན་དང་པོ་བརྒྱུད། ༣༠  
 བརྗོད་བྱུང་མཁུ་དབྱེ་གཉིས་པ་ནས་དེ་ཉིད་ཚེ་སྐབས་དང་བཅས་པ།  
 ལྷོག་དེ་བ། ལེགས་བཤད་ལྡོག་དབང་།  
 ཚུམ་པ་པོ། དབྱངས་ཅན་གྲུབ་པའི་རྗེ།

Unit 2 Grammar (Verbal rules) 30 Credits 1.2

སྡེ་ཚན་གཉིས་པ། བྱ་ཚིག་གི་རྣམ་གཞག ༣༠  
 བརྗོད་བྱུངས་གསུམ་སྟེ་དང་གྲེ་བྲག་གཉིས་སྟེ་བ་འགྲོས་དང་དཔེར་བརྗོད་ཉི་ཤུ་རེ།  
 ལྷོག་དེ་བ། རྟགས་འཇུག་གི་གསང་མཛོད་འབྲེད་པའི་ལྡེ་མིག  
 ཚུམ་པ་པོ། འགོས་བརྒྱ་རྒྱལ་མཚན།

Unit III Orthography 20 Credits .8

སྡེ་ཚན་གསུམ་པ། དག་ཡིག ༣༠  
 བརྗོད་བྱུང་བཅའི་དག་སྟེ་བ་དང་གོ་དོན།  
 ལྷོག་དེ་བ། སྟོབ་རྒྱུང་དག་ཡིག་གི་ཁ་སྟེའི་ལྷེད་ཀ  
 ཚུམ་པ་པོ། བོད་ལྡོངས་སྟོབ་གཞི་ཚུམ་སྐྱར་ཁང་།

Unit 4 Reading 20 Credits .8

སྡེ་ཚན་བཞི་པ། བཞུག་རྒྱལ་དང་གོ་སྟོབས། ༣༠  
 བརྗོད་བྱུང་སྟེ་བ་དང་གོ་སྟོབས་ལེ་རྒྱ་མཚན།  
 ལྷོག་དེ་བ། ལེགས་བཤད་སྟོབ་གསང་མིག་འབྲེད།  
 ཚུམ་པ་པོ། ལ་གོང་ས་སྐྱེ་ལྷེད་བཅུ་བཞི་པ་ཚེན་པོ།

Paper 6. One of the following elective courses

MBTS – E201: History of Buddhism and Culture of Ladaka and Bhutan

- Unit 1: History of Buddhism in Ladakh and Bhutan 2 credits
  - a. Diffusion of Buddhism in the regions
  - b. Monasteries- their history and religious practices and study curriculums
  - c. Life and works of eminent spiritual Teachers or Lamas
- Unit 2: Religious Festivals and Social customary ceremonies- Birth, Marriage, last rites and New Year ceremonies. 1 credit

Unit 3: Dialect, food and drink habits, dress and ornaments, Songs and Musical instruments, Agricultural Economy, handicrafts and other industries. 1 credit

**Recommended Readings:**

1. Bdruk karmo (Religious and political History of Bhutan) by Lopon Nado, 1986 (in Tibetan)

**MBTS – E202 Tibetan Art and Iconography**

1. An Introduction to Tibetan art ,Origin and Development of Tibetan Art
2. Menthang School of art
3. Karmagadri School of art
4. Tibetan Buddhist Iconography ( major Deities and important teachers/personalities)
  - a. Yamantaka
  - b. Padmasambhawa
  - c. Amitayush
5. Mandala
  - a. YamantakaManadala
  - b. Awalokiteshwara (Chenreyzig) Mandala

**Recommended Readings:**

1. Pema N Thaye: Tibetan Thangka Painting Portrayal of Mysticism, 1999,
2. David P Jackson and Janice A Jackson : Tibetan Thangka Painting, method and materials, New Delhi, 1984
3. Sylvie; Barou, Jean-Pierre Crossman : Tibetan Mandala: Art and Practice,2004
4. Romio Shreshtha: Goddesses of the Celestial Gallery, 2011
5. Amy Heller: Tibetan Art, New Delhi ,1999
6. Pratapaditya pal: Tibetan paintings, a study of Tibetan Thangkas 11th to 19th century, Switzerland, 1984
7. Antoinette K Gordon: Tibetan religious art, New Delhi, 1997
8. Tsundue Rabgyal and Dorjee Rinchen, *Bod kyi rim o spyil rnam gzung blo gsal' jug sgo, Mi rigs dpe skrun khang, Tibet, 2001*
9. Dorjee Dhundup: collection of Thangka Painting book, volume 1 and 2 Educational department of Tibetan children village, Dharamsala, 1998
10. Kunchok Tenzin: *bzognasskratse' lchu thigs, Mi rigs dpe skrun khang, Tibet, 2002*
11. Knud Larsen and Amund Sinding-larsen, The Lhasa Atlas, Traditional Tibetan Architecture and townscape, London, 2001
12. Pema Dorjee: Stupa and its Technology, a Tibetan Buddhist perspective, Delhi, 1996
13. Sabine Cotte: Tibetan Thangka paintings, conserving living religious heritage in Australia.

**MBTS – E203 Socially Engaged Buddhism – II**

Unit 1: Buddhist Perspective on Sustainable Development

Unit 2: Buddhist Perspective on Pluralism and Inter-faith Dialogue

Unit 3: Deep Ecology

Unit 4: Animal Rights and Buddhism

Unit 5: Human Rights and Buddhist Vision of Social Justice

Unit 6: Voluntary Simplicity (Voluntary Poverty)

### Suggested Readings:

1. Jones, K. *The Social Face of Buddhism: an Approach to Political and Social Activism*, London: Wisdom Publications, 1989.
2. Macy, J. *Dharma and Development: Religion as Resource in the Sarvodaya Self-help Movement*, West Hartford, Connecticut: Kumarian Press, 1983.
3. L.P.N. Perera, *Buddhism and Human Rights*, Colombo, 1991.
4. Singer, P. *Animal Liberation*, Harper Perennial, 2001.
5. Batchler, M. & K. Brown (eds). *Buddhism and Ecology*, London: Cassell, 1992.
6. Sarao, K.T.S. *Kailash Pilgrimage: The Indian Route*, Delhi: Aryan International Publishers, 2009; *KailāsaTīrthayātra*, New Delhi: Vidyanidhi, 2010.
7. Kotler, Arnold. *Engaged Buddhist Reader*, Berkeley: Parallax Press, 1996.
8. Omvedt, Gail., *Dalits and the Democratic Revolution: Dr. Ambedkar and the Dalit Movement in Colonial India*, New Delhi: Sage Publications, 1994.
9. Jondhale, S & Johannes Beltz (eds), *Reconstructing the World: B. R. Ambedkar and Buddhism in India*, Oxford: Oxford University Press, 2004.
10. Kabat-Zinn, Jon. *Full Catastrophe Living: Using the Wisdom of Your Body and Mind to Face Stress, Pain, and Illness; The Program of the Stress Reduction Clinic at the University of Massachusetts Medical Center*, New York: Delta, 1990.
11. Zadek, S., "The Practice of Buddhist Economics? Another view." *The American Journal of Economics and Sociology*, 52 (4), 1994: 433-445.
12. Schumacher, F.E. *Small is Beautiful: Economics As if People Mattered*, Blond & Briggs, 1973.
13. Sarao, K.T.S., and Long, J.D. (eds.), *Encyclopaedia of Indian Religions: Buddhism and Jainism*, 2 vols., New York: Springer, 2017.
14. Inada, Kenneth. "A Buddhist Response to the Nature of Human Rights," Claude E. Welch, Jr., and Virginia A. Leary (eds), *Asian Perspectives on Human Rights*, Boulder, Co.: Westview Press, 1990: 91-103.
15. Keown, D., *The Nature of Buddhist Ethics*, New York: 1992.
16. Schmithuasen, L., *Buddhism and Nature: Lecture Delivered on the Occasion of the EXPO 1990: An Enlarged Version with Notes*, Tokyo: The International Institute for Buddhist Studies, 1991.

## MBTS 2<sup>nd</sup> Year –1<sup>st</sup> Semester

### Paper 1.MBTS-C301: Bodhicharyavatara & PrajnaparamitaHridaya Sutra (4 Credits)

- Unit 1: 1 to 6 Chapters
- Unit 2: 7 & 8 Chapters
- Unit 3: 9 & 10 Chapters
- Unit 4: Heart Sutra

#### Text Book:

Bodhicharyavatara by Shantideva's English Translation:  
Prajnaparamita Hridaya Sutra's English Translation:

1. A guide to the Bodhisattva's way of life by Acharya Shantideva; translated into English by Stephen Batchelor. Dharamsala: Library of Tibetan Works & Archives, 1979.
2. Elaborations on Emptiness, translation of Indian Masters' Commentaries on Heart Sutra, translated by Donald S Lopez, Jr, Princeton University Press, 1998

#### Suggested readings:

1. Gyatso, Tenzin, The [Fourteenth Dalai Lama](#) (2002). Jinpa, Thupten, ed. [Essence of the Heart Sutra: The Dalai Lama's Heart of Wisdom Teachings](#). English Translation by Geshe [Thupten Jinpa](#). Boston: Wisdom Publications
2. [Dalai Lama, XIV](#); Padmakara Translation Group (1994), A Flash Lightning in the Dark of Night: Guide to the Bodhisattva's Way of Life (1st ed.), Shambhala
3. [Dalai Lama, XIV](#); Geshe Thupten Jinpa (trans & ed) (2004), Practicing Wisdom: The Perfection of Shantideva's Bodhisattva Way, Wisdom Publications, U.S
4. Khenchen Kunzang Pelden; Padmakara Translation Group (2008), The Nectar of Manjushri's Speech: A Detailed Commentary on Shantideva's Way of the Bodhisattva, Shambhala
5. Williams, Paul (1997), Altruism and Reality: Studies in the Philosophy of the Bodhicharyavatara, Routledge Curzon Critical Studies in Buddhism, Routledge Curzon
6. Elaborations on Emptiness - Uses of the Heart Sutra by Donald S Lopez
7. [Nhat Hanh, Thich](#) (1988). The Heart of Understanding. Berkeley, California: Parallax Press.
8. Fox, Douglass (1985). The Heart of Buddhist Wisdom: A Translation of the Heart Sutra With Historical Introduction and Commentary. Lewiston/Queenston Lampeter: The Edwin Mellen Press.

### Paper 2. MBTS-C302: Vajracchedika with Kamalashila's commentary

(4 Credits)

Unit 1. Vajracchedika with Kamalashila's commentary

Text Book:Vajracchedika's English Translation:

1. [Harrison, Paul](#) (2006), "Vajra cchedikā Prajñāpāramitā: A New English Translation of the Sanskrit Text Based on Two Manuscripts from Greater Gandhāra", BMSC vol. III, [Hermes Publishing](#), Oslo 2006.



**Suggested readings:**

1. Vajracchedika with Kamalashila's Commentary (Sanskrit and Tibetan; CIHTS Publication)
2. Buddhist Wisdom: The Diamond Sutra and The Heart Sutra by Edward Conze,

**Paper 3.MBTS-C303: Abhidharmakosa by Vasubandhu****(4 Credits)****Theory of Karma**

Unit 1: Puddgal and path (45-78 Verses)

Unit 2: Chapter 7, Wisdom (1-56 Verses)

**Text Book:**

Abhidharmakosa Auto-Commentary by Vasubandhu's English Translation:

1. Pruden, Leo M. (1991), Abhidharmakosabhasyam, translated from the French translation by Louis de la Vallée Poussin, Asian Humanities Press, Berkeley.

**Suggested Readings:**

1. Vasubandhu; Lodrö Sangpo (2012). Abhidharmakosa-Bhasya of Vasubandhu: The Treasury of the Abhidharma and Its Commentary (4 vols). Motilal Banarsidass Publishers. (Translated into English from the French translation of Louis de La Vallé Poussin, L'Abhidharmakośa de Vasubandhu, Institut belge des hautes études chinoises, Bruxelles, 1971)
2. Yasomitra (6th c. CE), sub-commentary on the Abhidharmakosabhasya, the Sputarth-abhidharma kosa-vyakhya. (Tibetan)
3. The First Dalai Lama, Gyalwa Gendun Drup's (1391-1474) commentary titled *Illumination of the Path to Freedom*. (Tibetan)
4. Mikyö Dorje, 8th Karmapa's (1507-1554) commentary on Abhidharmakosa. (Tibetan)
5. *Chosmngon pa mdzodkyi 'grel pa mngonpa'irgyan* (Tibetan)

**Paper 4. MBTS-C304 History of Buddhism in Sri Lanka, Myanmar, Thailand, Japan, Korea and China****(4 Credits)**

Unit 1: History of diffusion of Buddhism in Sri Lanka, Myanmar and Thailand

Unit 2: Monastic life, practices and study curriculum in Sri Lanka, Myanmar, Thailand monasteries and compilation of Pali Tripitaka.

Unit 3: History, practices and monastic life of different sects of Japanese and Chinese Buddhism

Unit 4: Translation, compilation and printing of Chinese and Japanese and Korean Tripitaka.

**Recommended Readings:**

(to be provided later)

Unit 1 Grammar 30Credits 1.2

སྤྲེལ་ཚན་དང་པོ་བརྗོད་བྱ། ༣༠  
 བརྗོད་བྱ། ལྷན་གྱི་མཛུགས་སྐབས་སུ་འབྱེད་སྐབས་སུ།  
 ལྷན་གྱི་མཛུགས་སྐབས་སུ་འབྱེད་སྐབས་སུ།  
 ལྷན་གྱི་མཛུགས་སྐབས་སུ་འབྱེད་སྐབས་སུ།

Unit 2 Grammar (Verbal rules) 30Credits 1.2

སྤྲེལ་ཚན་གཉིས་པ་བྱ་རྒྱུ་ཚིག་གི་རྣམས་ལུགས་སྐབས་སུ་ ༣༠  
 བརྗོད་བྱ། ལྷན་གྱི་མཛུགས་སྐབས་སུ་འབྱེད་སྐབས་སུ་འབྱེད་སྐབས་སུ་འབྱེད་སྐབས་སུ།  
 ལྷན་གྱི་མཛུགས་སྐབས་སུ་འབྱེད་སྐབས་སུ་འབྱེད་སྐབས་སུ།  
 ལྷན་གྱི་མཛུགས་སྐབས་སུ་འབྱེད་སྐབས་སུ་འབྱེད་སྐབས་སུ།

Unit III Orthography 20 Credits .8

སྤྲེལ་ཚན་གསུམ་པ་བྱ་དག་ཡིག་ ༣༠  
 བརྗོད་བྱ། ལྷན་གྱི་མཛུགས་སྐབས་སུ་འབྱེད་སྐབས་སུ་འབྱེད་སྐབས་སུ།  
 ལྷན་གྱི་མཛུགས་སྐབས་སུ་འབྱེད་སྐབས་སུ་འབྱེད་སྐབས་སུ།  
 ལྷན་གྱི་མཛུགས་སྐབས་སུ་འབྱེད་སྐབས་སུ་འབྱེད་སྐབས་སུ།

Unit 4 Reading 20 Credits .8

སྤྲེལ་ཚན་བཞི་པ་བྱ་རྒྱུ་ཚིག་དང་པོ་སྤྲེལ་བྱ། ༣༠  
 བརྗོད་བྱ། ལྷན་གྱི་མཛུགས་སྐབས་སུ་འབྱེད་སྐབས་སུ་འབྱེད་སྐབས་སུ།  
 ལྷན་གྱི་མཛུགས་སྐབས་སུ་འབྱེད་སྐབས་སུ་འབྱེད་སྐབས་སུ།  
 ལྷན་གྱི་མཛུགས་སྐབས་སུ་འབྱེད་སྐབས་སུ་འབྱེད་སྐབས་སུ།

Paper 6. To choose one of the following elective courses

MBTS-E301: History of Buddhism and Culture of Lahul Spiti, Kinnuar and Arunachal Pradesh

- Unit 1: History of Buddhism in Lahul Spiti, Kinnuar and Arunachal Pradesh 2 credits
  - a. Diffusion of Buddhism in the region
  - b. Monasteries- their history and religious practices and study curriculums
  - c. Life and works of eminent spiritual Teachers or Lamas
- Unit 2: Religious Festivals and Social customary ceremonies- Birth, Marriage, last rites and New Year ceremonies. 1 credit
- Unit 3: Dialect, food and drink habits, dress and ornaments, Songs and Musical instruments, Agricultural Economy, handicrafts and other industries 1 credit

**Recommended Readings:**

1. History of Tawang monastery by Dhanma Gyalsey Tulku ( In Tibetan)
2. Tabo: An ancient western Himalayan repository of age- Old Indian and Tibetan Mural printing and scripts dating from the tenth to the twentieth century by Rahula. Library of Tabo monastery, 2013.
3. History of monasteries in Ladakh translated Sanjib Kumar Das.
4. Cultural History of Ladakh edited by Nawang Tsering Shakpo and Kyle Gardner
5. History of Buddhism in Ladakh edited by NawangTsering Shakpo and John Bray

**MBTS-E302: Brief Survey of Southeast Asian Arts**

1. Sri Lanka: Sigiriya, Anuradhapura
2. Burma: Stupa architecture
3. Indonesia: Borobudur
4. Cambodia: Angkor Vat, Angkor Thom, Bayon
5. Thailand: Art of Chiangmai, Ayuthia and sukhodaya

**Recommended Readings:**

1. Bodrogi, T.: Art of Indonesia, Connecticut, 1972
2. Chatterjee, BR: India and Java, Bull, 5.1933
3. Zimmer. H: The Art of Indian Asia, Leiden, 1955
4. Frederic, L: The Temples and Sculptures of Southeast Asia, London, 1965
5. Hall, DGE: A History of Southeast Asia, London, 1955
6. Rawson. P: The Art of Southeast Asia, London, 1993
7. Coomaras wamy, AK: History of Indian and Indonesian Art, New York, 1965
8. Guy, John: The Art of Burma: New Studies, Marg, 1999
9. Beek,S.V. and L.I. Tettoni : The Arts of Thailand, 1999
10. snellgrove, Devid : Angkor—Before and After: A Culture History of Khamers

**MBTS-E303: Buddhism and Contemporary Issues – I**

- Unit 1: Buddhism and Ethics
- Unit 2: Buddhism and Science
- Unit 3: Buddhism and Environment
- Unit 4: Buddhism and Social Justice

**Suggested Readings:**

1. Ethics for the New Millennium by H.H the Dalai Lama
2. The Universe in a Single Atom: The Convergence of Science and Spirituality by H.H the Dalai Lama
3. Beyond Religion: Ethics for a Whole World by H.H the Dalai Lama

## MBTS 2<sup>nd</sup> Year –2<sup>nd</sup> Semester

### Paper 1. MBTS-C401: Sutralankara and Uttaratantra

(4 Credits)

#### Sutralankara:

- Unit 1: Buddha Nature Part I
- Unit 2: Buddha Nature Part II
- Unit 3: Chapter -5 Generation of Bodhichitta
- Unit 4: Chapter -6 Adopting the Teaching

#### Uttaratantra:

- Unit 1: Chapter 1

#### Text Book:

Mahayanasutralankara by Maitreya's English Translation:

1. Universal Vehicle Discourse Literature (Mahayanasutralankara), Translated by Lozang Jampal, Robert Thurman, and the AIBS team; Columbia University Press, 2005

Mahayanauttaratantra by Maitreya's English Translation:

2. Buddha-Nature, Mahayana Uttaratantra Shastra by Arya Maitreya with commentary by Dzongsar Jamyang Khyentse Rinpoche, edited by Alex Trisoglio, Khyentse Foundation, 2007. (A free copy can be requested online at [siddharthasintent.org](http://siddharthasintent.org).)

#### Suggested Readings:

1. Ornament of the Great Vehicle Sutras, Translated by Dharmachakra Translation Committee, Snow Lion Publications, 2014
2. Buddha Nature (with Jamgön Kongtrul's commentary) translated by Rosemarie Fuchs, Snow Lion, New York 2000, ISBN 978-1559391283
3. Uttaratantra-shastra (rgyudbla ma), Maitreya – Asanga with commentary by Jamgön Mipham, Padmakara translation group, forthcoming

### Paper 2. MBTS-C402: Arya Nagarjuna's Fundamental Wisdom (Mulamadhyamikakarika) (4 Credits)

Unit 1: Chapter 1, Examination of Condition with commentary of Chandrakirti

Unit 2: Chapter 8, Examination of Compounded Phenomena

Unit 1: Chapter 18, Examination of the self and phenomena

Unit 2: Chapter 22, Examination of the Tathagata

Unit 3: Chapter 24, Examination of the Four Noble Truths

Unit 4: Chapter 26, Examination of the Twelve Links of Dependent Arising

Unit 7: Chapter 27, Examination of Views

#### Text Book:

Mulamadhyamikakarika by Nagarjuna - English Translation:

1. Ocean of Reasoning by [RjeTsongKhapa](#) (Author), [Jay L. Garfield](#) (Translator), [Geshe Ngawang Samten](#) (Translator); Oxford University Press, 2006

### **Suggested readings:**

1. Garfield, Jay L. (1995), *The Fundamental Wisdom of the Middle Way*, Oxford: Oxford University Press
2. *Mulamadhyamakakarika of Nagarjuna*, translated by Kalupahana, David J. (1991), Delhi: Motilal Banarsidass Publishers Private Limited.

### **Paper 3. MBTS-C403: Abhidharmakosa by Vasubandhu**

**(4 Credits)**

#### **Afflictions:**

Unit 1: Chapter 8, Absorption

Unit 2: Chapter 9, Examination of Self with auto commentary of Vasubandhu

#### **Text Book:**

Abhidharmakosa Auto-commentary by Vasubandhu's English Translation:

1. Pruden, Leo M. (1991), *Abhidharmakosabhasyam*, translated from the French translation by Louis de la Vallée Poussin, Asian Humanities Press, Berkeley.

#### **Suggested Readings:**

1. Vasubandhu; Lodrö Sangpo (2012). *Abhidharmakosa-Bhasya of Vasubandhu: The Treasury of the Abhidharma and Its Commentary* (4 vols). Motilal Banarsidass Publishers. (Translated into English from the French translation of Louis de La Vallée Poussin, *L'Abhidharmakośa de Vasubandhu*, Institut belge des hautes études chinoises, Bruxelles, 1971)
2. Yasomitra (6th c. CE), sub-commentary on the Abhidharma koshabhasya, the *Sputarth-abhidharmakosa-vyakhya*. (Tibetan)
3. The First Dalai Lama, Gyalwa Gendun Drup's (1391-1474) commentary titled *Illumination of the Path to Freedom*. (Tibetan)
4. Mikyö Dorje, 8th Karmapa's (1507-1554) commentary on Abhidharmakosa. (Tibetan)
5. *Chosmngon pa mdzodkyi 'grel pa mngonpa'irgyan* (Tibetan)

### **Paper 4. MBTS-C404**

### **History of Buddhism in Tibet**

**(4 Credits)**

Unit 1: Diffusion of Buddhism in two phase (7 to 9<sup>th</sup> & 10<sup>th</sup> to 12<sup>th</sup> century)

Unit 2: Tibetan Buddhist doctrines and practices

Unit 3: History and doctrines of four schools of Tibetan Buddhism

Unit 4: Translation of Buddhist Canonical Literatures, compilation and printing of Kangyur & Tangyur.

#### **Recommended Readings:**

1. *Introduction to Tibetan Buddhism* by John Power
2. *The Religion of Tibet* by Giuseppe Tucci translated by Geoffery Samuel.
3. *The Blue Annals* by 'Gos lo tsaba gzhon nu dpal translated by George N Roerich

Unit 1 Grammar 30Credits 1.2

ཕྱི་ཚན་དང་པོ་བརྒྱ་དྲུག་ ༣༠  
 བརྗོད་བྲུ་བདག་སྐྱེ་དགག་སྐྱེ་དེ་དང་འདིའི་སྐྱེ་སྐྱེ་སྐྱེ་བཅས་དང་སྐྱེ་མི་སྐྱེ་བཅས་སོ།།  
 ལྷོག་དེ་བཤུ་གས་བཤུ་ལྷོ་ན་དབང་།  
 ཚུམ་བ་པོ། དབྱངས་ཅན་གྲུབ་པའི་རྗོད་ཅིང་།

Unit 2 Grammar (Verbal rules) 30Credits 1.2

ཕྱི་ཚན་གཉིས་པ། བྲུ་ཚིག་གི་རྣམ་གཞག་ ༣༠  
 བརྗོད་བྲུ་དུས་གསུམ་ཆ་འབྲུ་བཞི་དང་དཔེར་བརྗོད་ལྷ་རེ་བཅས།  
 ལྷོག་དེ་བཤུ་གས་འབྲུག་གི་གསང་མཛོད་འབྲེད་པའི་ལྷེ་མིག་  
 ཚུམ་བ་པོ། འགོ་ས་བརྒྱ་རྒྱལ་མཚན།

Unit III Orthography 20 Credits .8

ཕྱི་ཚན་གསུམ་པ། དག་ཡིག་གི་རྣམ་གཞག་ ༣༠  
 བརྗོད་བྲུ་བོད་བཟའི་སྐྱེ་བ་འགོ་ས་དང་གོ་དོན།  
 ལྷོག་དེ་བཤུ་གས་སྐྱོབ་རྒྱུ་དག་ཡིག་གི་ད་སྐྱེ།  
 ཚུམ་བ་པོ། བོད་ལྷོངས་སྐྱོབ་གཞི་ཚུམ་སྐྱུར་ཁང་།

Unit 4 Reading 20 Credits .8

ཕྱི་ཚན་བཞི་པ། ལྷོག་རྩལ་དང་གོ་སྟོབས། ༣༠  
 བརྗོད་བྲུ་ཚན་རིག་དང་འཕྲད་བཤུ་གས།  
 ལྷོག་དེ་བཤུ་གས་རྩལ་སྐྱོབ་གཞི་ལོ་ནའི་སྐྱེད་གི་འབྲུག་ཉེན།  
 ཚུམ་བ་པོ། ཡགོང་ས་སྐྱེ་སྐྱེད་བཅུ་བཞི་པ་ཚེན་པོ།

Paper 6. To choose one of the following elective courses (4 Credits)

MBTS-E401: History of Buddhism in Tibet

Unit 1: History of Buddhism in Tibet 2 credits

- a. Diffusion of Buddhism in the region
- b. Monasteries- their history and religious practices and study curriculums
- c. Life and works of eminent spiritual Teachers or Lamas

Unit 2: Religious Festivals and Social customary ceremonies- Birth, Marriage, last rites and New Year ceremonies. 1 credit

Unit 3: Dialect, food and drink habits, dress and ornaments, Songs and Musical instruments, Agricultural Economy, handicrafts and other industries. 1 credit

**Recommended Readings:**

**(To be provided)**

**MBTS-E402: An Introduction to the Central Asian Art: Wall Paintings and Stucco Images**

1. The silk Route ; Murals of Miran
2. Survey of the Art of Yarkand, Khotan, Kizil
3. Kucha, Kumtura, Karashar and Turfan
4. Dun Huang

**Recommended Readings:**

1. Andrews, F.I: Wall Paintings from Ancient Shrines in Central Asia, London, 1948
2. Belentisky, A: The Ancient Civilization of Central Asia, London, 1969
3. Bhattacharya, C.: Central Asian Art, New Delhi, 1976
4. Bussagli, Mario: Paintings of Central Asia, Geneva, 1971
5. Ghose, Rajeshwari (ed ) kizil on the Silk Road, Mumbai, 2008
6. Gray, B.: Buddhist Paintings from Tun Huang, London, 1959
7. Harbas, M. and Knobloch, E: The Art of Central Asia, London, 1972
8. Huang. Kyoto: The Rinsen Book Co., 1978
9. Rhie, Mairilyn : Early Buddhist Art of China and Central Asia Leiden: Brill, 2002
10. Rowland, B.: The Wall Paintings of India, Central Asia and Ceylon, Delhi, 1985
11. Stein, M. A.: The Thousand Buddhas: Ancient Buddhist Paintings form Cave Temples of Tun
12. Stein, M.A: Ruins of Desert Cathay
13. Talbot-Rice T.: Ancient Art of Central Asia, London. 1965

**MBTS-E403: Buddhism and Contemporary Issues - II**

- Unit 1. Buddhism and Education
- Unit 2. Buddhism and Gender
- Unit 3. Buddhism and Economics
- Unit 4. Buddhism and Ecology

**Suggested Readings:**

**(to be provided)**